

Swadde Me®

adjustable infant wrap





Swaddling Simplified!

I. Align baby's shoulders with top of open wrap.

Tuck legs inside leg pocket then open tab at top of leg pocket.



2. Wrap left wing over baby's torso and tuck under baby's opposite arm. Secure tab to top of leg pocket.



3. Place right wing over left and secure opened tabs to fabric patch on left wing. Wings should be snug over baby's chest.

Always place babies on their backs to sleep.